

Spa Treatments

Intensive Mud Wrap Body Treatment

Our mud wrap treatment includes a personally prescribed body exfoliation and a silky mud wrap for detoxification, firming and hydration. This is followed by a 30 minute body massage.

90 min \$170

Hawaiian Hot Stone Massage

A beautiful treatment incorporating massage with hot Hawaiian stones. The stones are also placed on your chakra points for warmth and balance, gently transporting you to a state of bliss!

90 min \$150

Full Body Massage

Swedish massage with aromatherapy oils.

1 hour \$95

30 min \$50

Spa Jet Body Cocoon

Spa Jet offers a unique full body experience incorporating hydrotherapy, infrared sauna, steam, vibratory massage, aromatherapy and colour therapy.

30 min \$75

Hanakasumi Cherry Blossom Body Ritual

Indulge your senses and enjoy total relaxation with this Japanese inspired well-being ritual for the body. Exfoliating Cherry Blossom rice powder with papaya enzymes and hydroxy acids refines the skin with a unique non-abrasive formula, after which warm, melted aromatic shea butter with floral and oriental elements is massaged into the skin. Finally your feet are cocooned in hot towels following a de-stressing foot massage to re-energise the entire system. A pure moment of wellbeing, immersing you in evocative floral fragrances and Asian scents.

1 hour 15min \$155

Energising Body Cocoon Treatment

A full body exfoliation is followed by a personalised hydrotherapy program in the spa jet, incorporating your choice of organic floral waters.

1 hour \$115

Rejuvenation Body Cocoon

Full Body exfoliation, spa jet hydrotherapy followed by 30 min massage.

90 min \$155

Full Body Renewal

Full Body exfoliation, your choice of mud wrap, spa jet steam bath and full body massage.

2 hours \$235

Contour Body Wrap

An all natural detoxifying algae and plant extract body wrap designed to detoxify the body, reduce cellulite and to regenerate and tighten skin after weight loss.

1 hour \$105

or with any facial \$75

French Body Polish

Uses a choice of exfoliants to deeply exfoliates the skin, leaving your body soft and silky smooth.

45 min \$85

Other treatments

Teeth Whitening

Whitening agents are activated with our blue LED Light.

\$245

Spray Tan

Using either Naked Tan or Techno Tan – both 2 hour tans.

\$40

(buy 5 get one free)

Body Contouring & Slimming

Technispa Body Contouring Treatment

This treatment is incredibly successful in reducing cellulite by using a unique combination of three simultaneous body contouring techniques – lipo-sculpting, ionisation and stimulation. A four week treatment program with three sessions per week is recommended. Technispa will give you smoother skin and a more even and genuinely reduced orange peel effect after 12 sessions.

Per session \$120

10 sessions \$1200

(receive 2 sessions & 1 Formostar Infrared Bodywrap for free)

Formostar Infrared Body Wrap

(available at Woden only)

The Formostar Far Infrared Body Wrap system is a deep heat treatment that stimulates the metabolism, burning up to 1200 calories per session, thereby helping with body reshaping and weightloss, providing pain relief, and detoxing the body. Formostar can help to kick start a diet program, and also speed up the metabolism when experiencing a plateau during dieting.

Per treatment \$80

Prepay for 10 treatments - \$750 & receive your 11th treatment free

Hand & Foot Treatments

Manicure \$65

Exotic spice spa manicure \$75

Pedicure \$75

Exotic spice spa pedicure \$85

Paraffin add \$20

Shellac add to mani pedi \$25

French Polish add \$15

with any service above add \$15

Shellac manicure or pedicure \$75

File, cuticle work and shellac \$75

Shellac removal \$20

Packages

Spa Espresso

Mini facial, 30 min body massage, fingernail or toenail paint (French polish extra).

75 min \$130

Escape to Paradise

Deluxe aromatics facial and pedicure.

2 hours \$175

Spoil your Man

Specialised Sothys homme men's facial and full body massage.

2 hours \$190

Daydreams Package

Deluxe aromatics facial and full body massage.

2 hours \$190

Pamper Package

Hawaiian Hot Stone Massage and Aromatics Facial.

2.5 hours \$240

Pure Heaven

Deluxe aromatics facial, body wrap and full body massage.

2.25 hours \$265

Total Bliss

Deluxe Ampoule therapy facial, hanakasumi cherry blossom body ritual, manicure and pedicure.

4.25 hours \$395

Harmony

Aromatics facial, 30 minute massage, pedicure and manicure.

3.5 hours \$280

Total Rejuvenation

Hanakasumi Cherry Blossom Body Ritual, exotic spice manicure and pedicure, Collagen Facial and spa lunch

5.5 hours \$470

Radiance Renewal

Seasonal Cocoon Facial, manicure, pedicure, algae body wrap, hot stone massage and spa lunch.

5 hours \$480

Essence Indulgence

Hawaiian hot stone massage, aromatics facial, exotic spice manicure, pedicure, full body exfoliation mudwrap, spa jet and spa lunch.

6.5 hours \$530



essencebeauty.com.au

GRIFFITH

upstairs,
Griffith Shops

4 barker street
act • (02) 6295 0276

WODEN

upstairs, above
Belluci's restaurant

4 irving street
act • (02) 6281 4112

Guinot Facial Treatments

Hydradermie & Hydraplus

These ultimate treatments deliver deep cleansing, hydration, cell renewal and oxygenation, using the Guinot Hydradermie machine. Hydraplus includes extra massage and the addition of specialised gels masks and serums for the eyes, neck and décolletage.

Hydradermie 1 hr 15 min	\$155
Hydraplus 1 hr 30 min	\$175

Hydralift Non-Surgical Facelift

This treatment lifts the features by stimulating facial muscles to define the facial contour. A series of treatments is recommended.

30 min	\$85
Course of 6	\$460
Course of 12	\$900

Hydralift

Combines the lifting treatment with cleansing, exfoliation, facial massage and mask.

90 min	\$170
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Hydralift Deluxe

Combines the Hydradermie and Hydralift treatments.

1hr 45mins	\$195
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Beauté Neuve

This peeling treatment uses fruit acids to remove dead cell build up to reveal a healthy, smooth complexion.

1 hour 15 min	\$140
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Liftosome

An active thermal treatment which infuses vitamins and collagen via a thermal clay mask.

1 hour 15 min	\$145
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Aromatics

Uses pure essential oils and plant extracts to revitalise the skin.

1 hour	\$110
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Why not begin your facial treatment with a stress relieving 15 min slow back, neck and shoulder massage. A luxurious addition to complete your personal pampering regime. 15 min \$25

Sothys Facial Treatments

Mini Prescription Facial

Cleanse, tone, skin analysis, exfoliation, steam and mask.

30 min	\$65
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Add extractions extra \$15

Ampoule Therapy

Uses intensive ampoule serums to deep feed the skin tissue.

1 hour	\$115
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Energising Facial Treatment

The universal energising treatment boosts the skin's vitality at cellular level, restoring luminescence. This dynamic treatment contains Siberian Ginseng as the key active ingredient, supported by other synergistic ingredients and utilises facial reflexology to increase the flow of energy to the skin, resulting in improved radiance and vitality.

1hr 15min	\$140
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Professional Peeling Treatment

Excellent for pigmentation, fine lines, uneven skin texture, sun damage, acne or dry skin.

1 hr 15 min	\$140
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Clarifying Correcting Treatment

A powerful salon technique to clarify oily, congested and acneic skin types, deeply cleansing and purifying problem skin.

1 hr	\$105
Course of 3	\$290

Brightening Radiance Facial

Combines the professional peeling treatment with an ampoule of pure vitamin C to brighten the complexion and trigger an anti-ageing response in the cells.

1 hr 15 min	\$145
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Ultimate Spa Hydration Facial

Treats deep dehydration using two separate masks, leaving the skin plump and silky soft to touch.

1 hr 15min	\$145
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Deluxe Homme (for men)

A deluxe facial to treat the specific needs of a male skin, tailored individually to suit each skin after a full skin consultation.

1 hr	\$115
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Collagen Hyaluronic Facial

Combines an exclusive cosmeceutical complex with anti-ageing actives to create the ultimate plumping and firming treatment.

1 hr 15 min	\$165
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Eye Contour Treatment

High protection for your eye contour to treat the thinnest and most delicate area of the face, this treatment treats the first signs of ageing, dryness, puffiness, dark circles and lines, using a combination of Mountain flower and flax extract to help the skin protect itself and regenerate.

30 min	\$80
Add to any facial	\$65

Sothys Seasonal Cocoon Facial

Each year Sothys releases two new seasonal facials using a complex of seasonal fruit to treat the different problems each season brings to our skins.

1 hr 15min	\$135
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Dermalogica Facial Treatments

Classic Facial

This facial is tailored to suit your skin's particular needs after a full skin consultation.

60 min	\$120
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Medibac Clearing Facial

Designed to treat oily and impure skins.

60 min	\$125
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Ultra Calming Facial

This facial uses a unique blend of ingredients to calm and soothe even the most sensitive skins.

60 min	\$135
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Age Smart Facial

This specialty anti-ageing facial treatment is designed to renew tired or aged skin.

75 min	\$140
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Herbal Aktiv Peel

This herbal peel from Europe is a natural herbal alternative to deep chemical peels. This is the strongest of all our peeling treatments. You will experience new skin in 5 days. The first peel includes three homecare products which are essential to use during the peeling phase of the treatment. These products will usually last for approximately 3 treatments, which is why the second and subsequent peels are more economical. Each peel includes the initial treatment and a follow-up rejuvenating treatment 5 to 7 days later. We are happy to provide you with a complimentary consultation to discuss your skin's needs and desired outcomes.

1st peel	\$675
2nd peel	\$375

Omnilux Light Therapy

Using the Omnilux Revive and Plus LED lights for skin rejuvenation, and the Omnilux Blue specifically for treating acne, this advanced treatment stimulates your body's natural processes to heal and rejuvenate the skin, with improvement in tone, clarity, texture, fine lines and wrinkles. The blue light kills the bacteria associated with acne.

Per Treatment	\$110
Add to any facial treatment	\$90
Course of 9	\$900

Ultraceuticals Skin Perfecting Treatments

Your therapist will create the best combination of treatments to deliver visible results using award winning cosmeceuticals with high strength Vitamins A, B and C.

Ultraceuticals Signature Facial

1 hour	\$120
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With Mandelic Peel or Lactic Peel	\$150
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Lactic Peel 30% or 50%, Vita Peel

30 min	\$90
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(buy 5 get one free)

A-Zyme Peel

The ultimate anti-ageing solution.

45 min	\$195
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(buy 3 get one free)

Brightening Accelerator treatment

45 min	\$120
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(buy 4 get one free)

Microdermabrasion

1 hr	\$130
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(buy 5 get one free)

Multi Vitamin Infusion using Ultrasound

An ultrasonic wave (Ultrasoundophoresis) is used to infuse a choice of high strength vitamins A, C and B, depending on the skin's needs, to push the active ingredients up to 3000 times deeper into the skin, increasing collagen production, plumping fine lines and decreasing pigmentation. This treatment can be taken as a stand alone treatment, or added to any other facial treatment.

30 min	\$80
Add to any facial treatment (15 min)	\$50

Vitabrasion

Combines Microdermabrasion with the Multi Vitamin Infusion.

1 hr	\$170
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(buy 5 get one free)

Other Specialised Treatments

Skin Fitness Package \$1200

9 Omnilux treatments, 3 customised peels and 3 multivitamin infusions.

Oxygen Treatment

This treatment provides an instant lift for the skin, increasing radiance. The combination of oxygen and intensive serums deeply feeds the skin and helps cellular regeneration.

30 min	\$85
(buy 5 get one free)	
Add to any facial	\$50

Microdermabrasion and Oxygen treatment

1 hr	\$175
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Venus Viva Firm FX Anti-ageing Treatment

Fighting and reversing the signs of ageing with the latest and most powerful patented technology in the industry!

FirmFX™ by Venus Viva™ is safe for all skin types and operates with NanoFractional Radio Frequency™ (RF) and SmartScan™ technology, delivering superior results through a painless selectional dermal heating process. The Firm FX treatment firms and tightens skin, decreases visible pores, reduces signs of ageing, evens out textural irregularities for a refined skin, reduces acne scars, stretch marks and other scarring, diminishes deep lines and folds, and resurfaces the skin, resulting in total facial rejuvenation.

Treatments are available in two modalities – micro needling with Radio Frequency delivery, and Radio Frequency on its own. The treatment required will depend on your skin's needs, and can be determined after your complimentary skin consultation.

Radio Frequency treatment

30 min	\$249
Course of 6	\$1300

Micro Needling with Radio Frequency delivery

Course of 3	\$449
	\$1200

Course of 6 treatments including 3 RF treatments and 3 Micro Needling treatments

	\$1850
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Courses of treatment can be paid in instalments.

Waxing

Full leg	\$65
Full leg incl bikini	\$75
Full leg incl g-string bikini	\$90
Full leg incl brazilian	\$100
Half leg	\$45
Half leg and bikini	\$55
Half leg and g-string bikini	\$70
Half leg and brazilian	\$90
For top half leg add \$10 to above prices	
3/4 leg	\$55
3/4 leg and bikini	\$65
3/4 leg and g-string bikini	\$80
3/4 leg and brazilian	\$100
Bikini from	\$35
G-string	\$45
Brazilian	\$70
Reg. Brazilian (every 4 wks)	\$60
Under arm	\$25
Arm to elbow	\$35
Arm to shoulder	\$45
Lip	\$18
Chin	\$22
Eyebrow tidy	\$25
Eyebrow wax and shape	\$30
Lip and chin	\$35
Eyebrow, lip and chin	\$50
Sides of face	\$20
Full face	\$60
Back or chest	\$45
Shoulders & back or chest	\$50
Full leg wax (men)	\$75

Eyelashes & Eyebrows

Eyelash tint	\$30
Eyebrow tint	\$20
Lash and brow tint	\$45
Eyelash perm/lift	\$85
Eyelash perm and tint	\$95
Eyelash extensions	
Deluxe set 2 hr	\$240
Full set 90 min	\$190
Natural set 60 min	\$130
Removal	\$30

Eyebrow Sculpt 30min \$45

A full eyebrow service and consultation to ensure your brows are perfect.