

## Spa Treatments

### Intensive Mud Wrap Body Treatment

Our mud wrap treatment includes a personally prescribed body exfoliation and a silky mud wrap for detoxification, firming and hydration. This is followed by a 30 minute body massage.

90 min \$170

### Hawaiian Hot Stone Massage

A beautiful treatment incorporating massage with hot Hawaiian stones. The stones are also placed on your chakra points for warmth and balance, gently transporting you to a state of bliss!

90 min \$160

### Body Massage

Swedish massage with aromatherapy oils.

1 hour \$98  
45 min \$80  
30 min \$55

### Oriental Sensations Spa Ritual

A full body exfoliation commences with an enzymatic Amber and Myrrh syrup and gentle skin polishing with a Sothys hand-made clay-stone. This is followed by a massage experience with warm aromatic oils to nourish and enhance the skin - pure relaxation!

Take home the exfoliating stone with you and continue to keep your skin smooth and soft with home care products from this range.

75 min \$170

### Hanakasumi Cherry Blossom Body Ritual

Indulge your senses and enjoy total relaxation with this Japanese inspired well-being ritual for the body. Exfoliating Cherry Blossom rice powder with papaya enzymes and hydroxy acids refines the skin with a unique non-abrasive formula, after which warm, melted aromatic shea butter with floral and oriental elements is massaged into the skin. Finally your feet are cocooned in hot towels following a de-stressing foot massage to re-energise the entire system. A pure moment of wellbeing, immersing you in evocative floral fragrances and Asian scents.

1 hour 15min \$170

### Energising Body Cocoon Treatment

A full body exfoliation is followed by a spa jet body cocoon incorporating hydrotherapy, infrared sauna, steam and vischy shower.

1 hour \$130

### Rejuvenation Body Cocoon

Full Body exfoliation, spa jet hydrotherapy followed by 30 min massage.

90 min \$170

### Full Body Renewal

Full Body exfoliation, your choice of mud wrap, spa jet steam bath and full body massage.

2 hours \$250

### Contour Body Wrap

An all natural detoxifying algae and plant extract body wrap designed to detoxify the body, reduce cellulite and to regenerate and tighten skin after weight loss.

1 hour \$105  
or with any facial \$75

### French Body Polish

Uses a choice of exfoliants to deeply exfoliate the skin, leaving your body soft and silky smooth.

45 min \$85

### Other treatments

Teeth Whitening \$245

Whitening agents are activated with our blue LED Light.

Spray Tan \$40

Using either Naked Tan or Techno Tan – both 2 hour tans. (buy 5 get one free)

## Body Contouring & Slimming

### Technispa Body Contouring Treatment

This treatment is incredibly successful in reducing cellulite by using a unique combination of three simultaneous body contouring techniques – lipo-sculpting, ionisation and stimulation. A four week treatment program with three sessions per week is recommended. Technispa will give you smoother skin and a more even and genuinely reduced orange peel effect after 12 sessions.

Per 30 min session \$75  
Per 1 hour session \$130

A set of ten treatments receives a ten percent discount

### Formostar Infrared Body Wrap

(available at Woden only)

The Formostar Far Infrared Body Wrap system is a deep heat treatment that stimulates the metabolism, burning up to 1200 calories per session, thereby helping with body reshaping and weightloss, providing pain relief, and detoxing the body. Formostar can help to kick start a diet program, and also speed up the metabolism when experiencing a plateau during dieting.

Per treatment \$80

Prepay for 10 treatments - \$750 & receive your 11th treatment free

### Hand & Foot Treatments

Manicure \$70

Exotic spice spa manicure \$85

Pedicure \$80

Exotic spice spa pedicure \$90

Paraffin add \$20

Shellac add to mani pedi \$25

French Polish with any service above add \$15

Shellac manicure or pedicure File, cuticle work and shellac \$75

Shellac removal \$20

## Packages

### Spa Espresso

Mini facial, 30 minute back, neck and scalp massage and eyelash tint

75 min \$140

### Escape to Paradise

Deluxe aromatics facial and pedicure.

2 hours \$185

### Spoil your Man

Deluxe Homme men's facial and full body massage

2 hours \$199

### Daydreams Package

Deluxe aromatics facial and full body massage.

2 hours \$199

### Pamper Package

Hawaiian Hot Stone Massage and Aromatics Facial.

2.5 hours \$270

### Pure Heaven

Deluxe aromatics facial, body wrap and full body message.

2.25 hours \$280

### Total Bliss

Deluxe Ampoule therapy facial, hanakasumi cherry blossom body ritual, manicure and pedicure.

4.25 hours \$405

### Harmony

Aromatics facial, 30 minute massage, pedicure and manicure.

3.5 hours \$299

### Total Rejuvenation

Oriental Sensations Spa Ritual, exotic spice manicure and pedicure, seasonal cocoon facial and spa lunch

5 hours \$480

### Radiance Renewal

Ampoule therapy facial, manicure, pedicure, algae body wrap, hot stone massage and spa lunch.

5 hours \$490

### Essence Indulgence

Hawaiian hot stone massage, energising facial treatment, exotic spice manicure and pedicure, full body exfoliation mudwrap, spa jet and spa lunch.

6.5 hours \$550



essencebeauty.com.au

## GRIFFITH

upstairs,  
Griffith Shops

4 barker street  
act • (02) 6295 0276

## WODEN

upstairs, above  
Belluci's restaurant

4 irving street  
act • (02) 6281 4112

## Guinot Facial Treatments

### Hydradermie & Hydraplus

These ultimate treatments deliver deep cleansing, hydration, cell renewal and oxygenation, using the Guinot Hydradermie machine. Hydraplus includes specialised gels, masks and serums for each area.

|                         |       |
|-------------------------|-------|
| Hydradermie 1 hr 15 min | \$160 |
| Hydraplus 1 hr 30 min   | \$180 |

### Hydralift Non-Surgical Facelift

This treatment lifts the features by stimulating facial muscles to define the facial contour. A series of treatments is recommended.

|              |       |
|--------------|-------|
| 30 min       | \$85  |
| Course of 6  | \$460 |
| Course of 12 | \$900 |

### Hydralift

Combines the lifting treatment with cleansing, exfoliation, facial massage and mask.

|        |       |
|--------|-------|
| 90 min | \$180 |
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### Hydralift Deluxe

Combines the Hydradermie and Hydralift treatments.

|            |       |
|------------|-------|
| 1hr 45mins | \$200 |
|------------|-------|

### Hydra Peeling

This peeling treatment uses phytic acid derived from rice grains for deep down exfoliation, then dermostimulines to stimulate cellular activity for a renewed radiance.

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|--------|-------|
| 1 hour | \$145 |
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### Aromatics

Uses pure essential oils and plant extracts to revitalise the skin.

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| 1 hour | \$120 |
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### Age Logic for Eyes

An intensive treatment using the Hydradermie machine to tone the eye contour and smooth wrinkles, infusing active ingredients deeply into the skin. This is followed by an eye massage and exclusive Age Logic mask for deep hydration and firming.

|                          |      |
|--------------------------|------|
| 40 min                   | \$90 |
| Add to any Guinot facial | \$75 |

Why not begin your facial treatment with a stress relieving 15 min slow back, neck and shoulder massage. A luxurious addition to complete your personal pampering regime.

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| 15 min | \$25 |
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## Sothys Facial Treatments

### Mini Prescription Facial

Cleanse, tone, skin analysis, exfoliation, steam if appropriate and mask.

|        |      |
|--------|------|
| 30 min | \$70 |
|--------|------|

Add extractions extra \$15

### Ampoule Therapy

Uses intensive ampoule serums to deep feed the skin tissue.

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|--------|-------|
| 1 hour | \$125 |
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### Sothys Seasonal Cocoon Facial

Each year Sothys releases two new seasonal facials using a complex of seasonal fruit to treat the different problems each season brings to our skins.

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|------|-------|
| 1 hr | \$145 |
|------|-------|

### Sothys Perfect V-Shape Neck Treatment

Sothys new Perfect V-Shape treatment, with M3.0 peptides offers dermo-lifting and dermo-refining of the neck and jowls. M3.0 peptides boost collagen synthesis to support a long-lasting dermal structure. The treatment provides an immediate and long lasting firming and slimming result on the jawline and neck and is suitable for all skin types showing signs of a slackened jawline, double chin or "turkey neck".

A series of 5 treatments delivered every 2 weeks while using the Perfect Shape neck serum at home yields the best results.

|                          |       |
|--------------------------|-------|
| 30min                    | \$90  |
| 5 Fortnightly treatments | \$400 |
| Add to any facial        | \$70  |

### Energising Facial Treatment

The universal energising treatment boosts the skin's vitality at cellular level, restoring luminescence. This dynamic treatment contains Siberian Ginseng as the key active ingredient, supported by other synergistic ingredients and utilises facial reflexology to increase the flow of energy to the skin, resulting in improved radiance and vitality.

|           |       |
|-----------|-------|
| 1hr 15min | \$150 |
|-----------|-------|

### Professional Peeling Treatment

Excellent for pigmentation, fine lines, uneven skin texture, sun damage, acne or dry skin.

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|-------------|-------|
| 1 hr 15 min | \$150 |
|-------------|-------|

### Clarifying Correcting Treatment

A powerful salon technique to clarify oily, congested and acneic skin types, deeply cleansing and purifying problem skin.

|             |       |
|-------------|-------|
| 1 hr        | \$110 |
| Course of 3 | \$300 |

## Brightening Radiance Facial

Combines the professional peeling treatment with an ampoule of pure vitamin C to brighten the complexion and trigger an anti-ageing response in the cells.

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|-------------|-------|
| 1 hr 15 min | \$155 |
|-------------|-------|

## Ultimate Spa Hydration Facial

Treats deep dehydration using two separate masks, leaving the skin plump and silky soft to touch.

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|------------|-------|
| 1 hr 15min | \$150 |
|------------|-------|

## Pro Youth Facial Treatment

75 minutes of ultimate relaxation for visibly younger skin with clinical tests showing up to 6 years off the age of the skin following the recommended three treatment course. At the heart of the Youth program is the patented  $\beta$ P3 TRI COMPLEX™ an innovative complex combining Saffron + Sophora + P Peptides to protect against oxidative stress and the visible appearance of chronological ageing skin (wrinkles, slackening tissue and irregular pigmentation zones)

|        |       |
|--------|-------|
| 75 min | \$170 |
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|                            |       |
|----------------------------|-------|
| Set of 3 weekly treatments | \$480 |
|----------------------------|-------|

## Eye Treatments

### Guinot Age Logic for Eyes

An intensive treatment using the Hydradermie machine to tone the eye contour and smooth wrinkles, infusing active ingredients deeply into the skin. This is followed by an eye massage and exclusive Age Logic mask for deep hydration and firming.

|                          |      |
|--------------------------|------|
| 40 min                   | \$90 |
| Add to any Guinot facial | \$75 |

### Eye Contour Treatment

High protection for your eye contour to treat the thinnest and most delicate area of the face, this treatment treats the first signs of ageing, dryness, puffiness, dark circles and lines, using a combination of Mountain flower and flax extract to help the skin protect itself and regenerate.

|                   |      |
|-------------------|------|
| 30 min            | \$80 |
| Add to any facial | \$65 |

### Ultracuticals Eye Treatment

Uses ultrasonophoresis to deeply infuse vitamins a,b and c into the eye area.

|                   |      |
|-------------------|------|
| 30 min            | \$80 |
| Add to any facial | \$40 |

## Ultracuticals Skin Perfecting Treatments

### Ultracuticals Signature Facial

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|--------|-------|
| 30 min | \$80  |
| 60 min | \$135 |
| 75 min | \$155 |

### Lactic or Mandelic Peel

|        |      |
|--------|------|
| 30 min | \$90 |
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### A-Zyme Peel

The ultimate anti-ageing solution. 45 min (buy 3 get one free) \$195

### Brightening Accelerator treatment

|        |       |
|--------|-------|
| 45 min | \$120 |
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(buy 4 get one free)

### Microdermabrasion \$130

### Multi Vitamin Infusion using Ultrasound

An ultrasonic wave (Ultrasonophoresis) is used to infuse a choice of high strength vitamins A, C and B, depending on the skin's needs, to push the active ingredients up to 3000 times deeper into the skin, increasing collagen production, plumping fine lines and decreasing pigmentation. This treatment can be taken as a stand alone treatment, or added to any other facial treatment.

|                                      |      |
|--------------------------------------|------|
| 30 min                               | \$80 |
| Add to any facial treatment (15 min) | \$50 |

### Vitabrasion

Combines Microdermabrasion with the Multi Vitamin Infusion.

|      |       |
|------|-------|
| 1 hr | \$170 |
|------|-------|

## Herbal Aktiv Peel

This herbal peel from Europe is a natural alternative to deep chemical peels. This is the strongest of all our peeling treatments. Please ask one of our therapists for more details.

|          |       |
|----------|-------|
| 1st peel | \$675 |
| 2nd peel | \$375 |

## Skin Fitness Package \$1200

9 Omnilux treatments, 2 customised peels, one microdermabrasion and 2 multi vitamin infusions.

## High Performance Anti-Ageing Facial Treatments

### Omnilux LED Light Therapy

Using the Omnilux Revive and Plus LED lights for skin rejuvenation, and the Omnilux Blue specifically for treating acne, this advanced treatment stimulates your body's natural processes to heal and rejuvenate the skin, with improvement in tone, clarity, texture, fine lines and wrinkles. The blue light kills the bacteria associated with acne.

|                             |       |
|-----------------------------|-------|
| Per Treatment               | \$110 |
| Add to any facial treatment | \$90  |
| Course of 9                 | \$900 |

Add a light infusion mask to intensely hydrate and intensify the treatment \$35

### Supreme Anti-Ageing Omnilux Facial

This powerful facial combines a personally prescribed exfoliation, Omnilux LED light therapy with light fusion mask and facial massage – for maximum results combined with relaxation.

|        |       |
|--------|-------|
| 75 min | \$220 |
|--------|-------|

### Microdermabrasion and Omnilux Treatment

Combine the power of microdermabrasion for deep exfoliation with Omnilux for skin rejuvenation.

|        |       |
|--------|-------|
| 45 min | \$165 |
|--------|-------|

## Venus Viva Radio Frequency Anti-Ageing Treatment for Face and Body

Fighting and reversing the signs of ageing with the latest and most powerful patented technology in the industry!

FirmFX™ by Venus Viva™ is safe for all skin types and operates with NanoFractional Radio Frequency™ (RF) and SmartScan™ technology, delivering superior results.

Treatments are available in two modalities – micro needling with Radio Frequency delivery, and Radio Frequency on its own.

### Radio Frequency Skin Tightening

|             |       |
|-------------|-------|
| 30 min      | \$180 |
| Course of 6 | \$950 |

### Micro Needling with Radio Frequency delivery

|             |       |
|-------------|-------|
| Course of 3 | \$350 |
|             | \$950 |

### Course of 6 treatments including 3 RF treatments and 3 Micro Needling treatments \$1850

## Waxing

|   |       |
|---|-------|
| Full leg                                  | \$70  |
| Full leg incl bikini                      | \$80  |
| Full leg incl g-string bikini             | \$95  |
| Full leg incl brazilian                   | \$105 |
| Half leg                                  | \$50  |
| Half leg and bikini                       | \$60  |
| Half leg and g-string bikini              | \$75  |
| Half leg and brazilian                    | \$95  |
| For top half leg add \$10 to above prices |       |
| 3/4 leg                                   | \$60  |
| 3/4 leg and bikini                        | \$70  |
| 3/4 leg and g-string bikini               | \$80  |
| 3/4 leg and brazilian                     | \$100 |
| Bikini from                               | \$35  |
| G-string                                  | \$45  |
| Brazilian                                 | \$70  |
| Reg. Brazilian (every 4 wks)              | \$60  |
| Under arm                                 | \$30  |
| Arm to elbow                              | \$35  |
| Arm to shoulder                           | \$45  |
| Lip                                       | \$22  |
| Chin                                      | \$25  |
| Eyebrow wax                               | \$28  |
| Lip and chin                              | \$38  |
| Eyebrow, lip and chin                     | \$55  |
| Sides of face                             | \$30  |
| Full face                                 | \$65  |
| Back or chest                             | \$50  |
| Shoulders & back or chest                 | \$55  |
| Stomach                                   | \$35  |
| Full leg wax (men)                        | \$75  |

## Eyelashes & Eyebrows

|   |      |
|---|------|
| Eyelash tint  | \$30 |
| Eyebrow tint  | \$20 |
| Lash and brow tint  | \$45 |
| Eyelash lift  | \$85 |
| Eyelash lift and tint   | \$95 |
| Eyebrow Sculpt 30min  | \$50 |
| A full eyebrow service and consultation to ensure your brows are perfect. |      |

## Eyebrow Lamination / Eyebrow Lift

|                       |      |
|-----------------------|------|
| Eyebrow lift          | \$75 |
| Eyebrow lift and tint | \$95 |